

About Us:

M. F. Tours & Transfers is owned, managed and run by Malcolm Frye, who after 40 years in furniture manufacturing, is now following a long time passion, a career in tourism. As a qualified and registered tour guide, and licensed tour operator, he is well positioned to offer all foreign and local tourists an experience of a life time.

We are centrally situated in the Constantia Valley, in close proximity to most top guest houses, hotels and tourist attractions, as well as Cape Town International Airport.

Tour Packages:

Let us consult with you when arranging tours and transfers, as this enables us to plan and make arrangements suited to your personal needs, and fitting within your tour budget. We offer full and half day tours. All vehicles have air conditioning, Passenger Liability Cover, and are smoke free zones in accordance with South Africa health legislation.

Cape Peninsula and Wine Tour Prices:

Valid Until: 31 - 10 - 2016

Cape Peninsula: **Full and Half Day Tours.**

Wine Tours: Stellenbosch, Franschhoek, Somerset West, Paarl and Wellington: **Full Day Only.**

Terms: Cash or Bank Transfer by arrangement with proof of payment prior to departure.

Tours & Transfers can also be added to your hotel account by arrangement.

Prices exclude: Entrance fees, meals, refreshments and wine tasting.

Prices include: Full Passenger Liability Insurance.

Cold Still Natural Spring Water.

Full Day Tours:

Departing: 08.30am. - 09.00am.

Returning: 05.00pm. - 06.00pm.

Tour Duration: 9 Hours

Half Day Tours:

Tour Duration: 5 Hours.

Depart & Return:

Anytime Between: 09.00am.- 04.00pm.

Western Cape and West Coast Regional Tours.

Packages: **Full Day and Overnight Tours.**

Negotiate a price with us, you won't be disappointed. **Quotes**

for Tours & Transfers from 8 to 22 persons:

Available on request.

Terms and conditions apply.

Tours and Transfers: Areas covered in South Africa:

Airport Transfers:

To and from Private Homes, Hotels, and Guest Houses throughout the Cape Peninsula. We also offer a Meet and Greet service on arrival with a Welcome Board, with your Name, at no additional charge.

Transfers:

To and from all Adventure Tourist Venues, and all other Tourist Venues and places of interest throughout the Western Cape.

Transfers:

To and from Restaurants, Weddings, Shopping Malls, Doctors Rooms, and Hospitals.

Guided Tours:

Throughout the Cape Peninsula and the Western Cape, including the Magnificent Garden Route Tour, between Port Elizabeth, and Cape Town.

All Big 5 Game Parks:

Throughout the Western Cape.

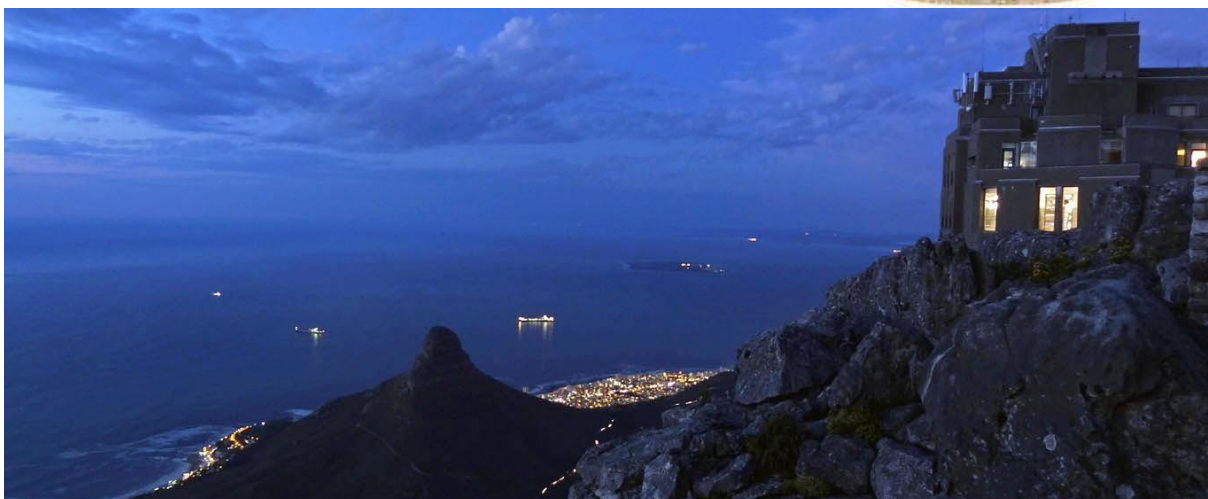
Note:

We are licensed to tour throughout South Africa with 1 to 7 persons, while our tour guide licence is restricted to the areas in and around the Western Cape.

Terms:

Cash or Bank Transfer by arrangement with proof of payment prior to departure.

Tours & Transfers can also be added to your hotel account by arrangement.



The Peninsula`s Big Six Destinations:

- 1. Table Mountain Aerial Cableway :**
Experience the cableway during the day, or at sunset, and view the city lights from the top of Table Mountain. The Cableway offer two daily walks on the mountain, at 10:00 and 12:00 noon, free of charge.
- 2. Robben Island:**
Notorious as a place in our history to which so-called colonial and political undesirables were banished.
The island was proclaimed a World Heritage Site in 1999. Visit the maximum security prison, including the cell that housed Nelson Mandela.
The three and a half hour tour, departs from the Nelson Mandela Gateway at the V & A Clock Tower Precinct at 9.00am., 11.00am. and 1.00pm daily, weather permitting.
- 3. Victoria & Alfred Waterfront :**
On 17 September, 1860, Prince Alfred - second son of Queen Victoria - tipped the first load of stone for the harbour breakwater.
Spend a complete day exploring this historic precinct, and the many world-class retail stores and fine restaurants.
Visit:
Premium Shops: Over 450 outlets.
The Shimanskys Cape Town Diamond Museum.
Chavonnes Battery Museum: The harbours oldest heritage site.
The Two Oceans Aquarium: An awe-inspiring experience for both adults and children alike.
- 4. Kirstenbosch Nation Botanical Garden:**
Est. in 1913. Declared a UNESCO World heritage Site in 2004. It is the first botanical garden to be included within a natural World Heritage Site. A must for all nature lovers, and those who want to experience the beauty of the Cape Floral Kingdom.
- 5. Groot Constantia & the Constantia Valley Vineyards:**
Visit Groot Constantia Estate. Est. in 1685 by Simon van der Stel. Known as the home of the wine industry of the Western Cape. Taste award winning wines & visit the Manor House and Iziko Museum. There are eight other vineyards in the Constantia Valley, leaving you spoilt for choice. They are Buitenverwaching, Constantia Glen, Constantia Uitsig, Eagles Nest, Klein Constantia, Steenberg Vineyards, Silvermist and Beau Constantia. All produce world class wines with fine restaurants and wine tasting facilities on offer.
- 6. Cape Point: The Cape of Good Hope:**
It is the south western tip of Africa and forms part of the Cape Floral Regional World Heritage Site. View its vast fynbos covered plains, rugged coastline, sandy beaches, valleys and mountains.
Hike up a steep slope to the top lighthouse, or take the Flying Dutchman Funicular Car.
Experience the dramatic scenery from the top, you won`t be disappointed.
Dine at the Two Oceans Restaurant known for its signature seafood platters, and magnificent views, overlooking False Bay.
Visit Cape Point Ostrich Farm, a short distance from the entrance to the Cape Point Reserve. People who love quality leather, will appreciate their wide selection of exquisite ostrich leather products, available from their shop.

Cape Peninsula Tours:

Page: 4

Package your own Personal & Private Tour around any of the following tourist attractions.

Cape Town`s Big 6 Attractions:

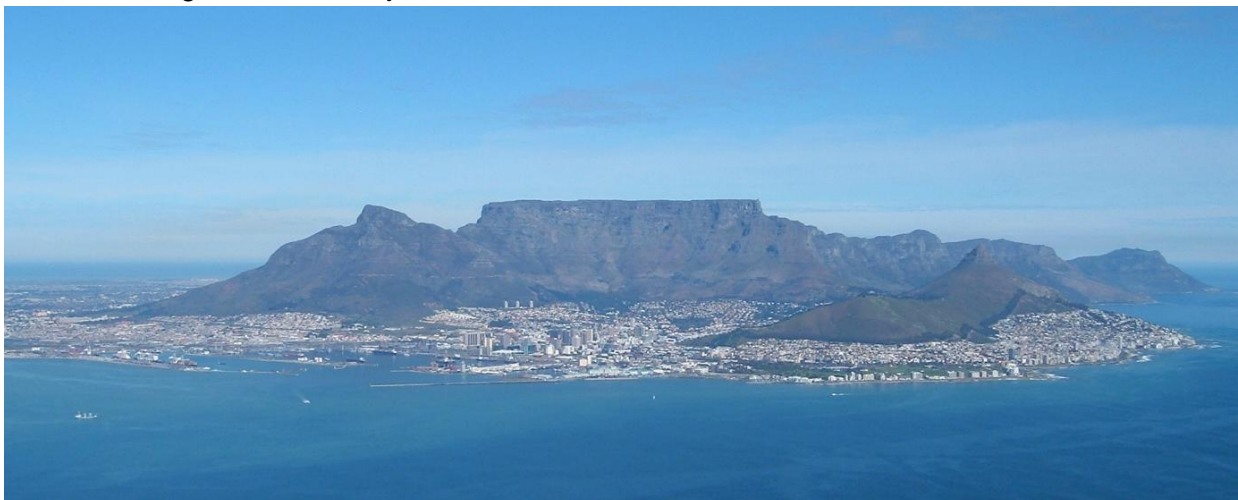
1. Table Mountain Cableway and the V & A Waterfront.
2. Robben Island Museum and the V & A Waterfront.
3. Victoria and Alfred Waterfront.
4. Kirstenbosch National Botanical Gardens
5. Groot Constantia Wine Estate.
6. Cape Point National Park - The Cape of Good Hope.

Other Must See Places to Visit:

1. The Castle of Good Hope.
2. Rhodes Memorial.
3. The Slave Lodge and Company Gardens at the top of Adderley St., Cape Town.
4. Clifton and Camps Bay Beaches and Restaurants.
5. Simons Town and Boulders Beach African Penguin Colony.
6. Fish Hoek, Kalk Bay, Rhodes Cottage Museum and Muizenberg.
7. The Constantia Valley Wine Estates: A total of 9 Wine Estates.
Buitenverwachting, Constantia Glen, Constantia Uitsig, Groot Constantia, Klein Constantia, Steenberg Vineyards and Golf Estate, Eagles Nest, Beau Constantia and Silver Mountain Lodge and Wine Estate.

Cape Peninsula Scenic Drives:

1. A drive to the top of Signal Hill.
2. Twelve Apostles drive to Llandudno and Hout Bay.
3. Chapmans Peak Drive to Noordhoek, and the Cape Point Vineyards Wine Estate.
4. The scenic Drives: Ou Kaapse Weg and Boyes Drive.
5. Simons Town to Cape Point via Millers Point, Smitswinkels Bay, returning via Scarborough and Kommetjie.



ITINERARY OPTIONS:

All Tours are **Private Tours**, meaning you and your party, are the only participants

- Vineyards of the Cape:** A **full day** tour takes you out of the City and into the magnificent countryside surrounding Cape Town. We visit the following premier wine producing regions of Stellenbosch and Franschhoek, Stellenbosch and Somerset West or Paarl and Wellington.
- Southern Peninsula Classic:** A **full day** Tour of the Southern Cape Peninsula.
Our scenic tour starts as we approach Boyes drive overlooking False Bay and Kalk Bay Fishing Harbour. We pass through Fish Hoek, on route to Simon's Town Harbour and Waterfront. We visit the Penguin colony at Boulders Beach, and then continue along False Bay and on to Cape Point. Lunch at the Two Oceans Restaurant, known for its signature seafood platters, is a must for all seafood lovers. We return via Scarborough, Kommetjie, Noordhoek and the spectacular Chapman's Peak Scenic Drive.
- Table Mountain, Historical City Sites & Signal Hill:** A **full or half day** Tour.
You take the cable car to the top of Table Mountain where you enjoy unparalleled views of the City and surrounds. This is followed by a drive along Signal Hill, taking in breathtaking views of the City, Table Bay, Robben Island, and the Atlantic Seaboard Suburbs. This is followed by a drive through tour of the City, taking in a number of Historical Sites.
- Kirstenbosch National Botanical Gardens:** A **full or half day** Tour.
Est. in 1913 and declared a UNESCO World Heritage Site in 2004.

Rhodes Memorial:

Enjoy Breathtaking Views of Cape Town's Southern Suburbs:

A memorial to Cecil John Rhodes (1853-1902), Founder of De Beers Diamond Company and former Governor of the Cape Colony. The University of Cape Town, Groote Schuur Estate - Rhodes Home, Groote Schuur Hospital and Kirstenbosch National Botanical Gardens, are all on land, left to the Cape Colony in Cecil John Rhodes's Will.

Groote Schuur Hospital: Heart Of Cape Town Museum:

Where the world's first human heart transplant was performed by Prof. Chris Barnard and His Team on December 3rd, 1967.

- Hermanus:**
The Whale Capital of S.A. (whale season is June to early December) A **full day** Tour.
Boat Based Whale Watching: The Ultimate Intimate Whale Watching Experience, **Weather Permitting**.
Booking Essential: We will book you with an experienced, reliable and reputable company.

Departure Times: 09h00 11h00 14h00.

We travel the scenic coastal route via Gordons Bay, Pringle Bay, Bettys Bay and Kleinmond, visiting the regions excellent wine estates, and return via Elgin and Sir Lowry's pass.

6. Shark Cage Diving: **A full day**
Tour.

Great White Shark Encounters take place in False Bay, departing from Simon's Town, and from the coastal town of Gansbaai. We offer both venues, as Shark Cage Diving closes in False Bay from Mid October until the end of January.

Book your Great White Shark Encounter with us, and have peace of mind, knowing that we have booked you with an experienced, reliable, and reputable company.

7. Robben Island and The Victoria and Alfred Waterfront: **A full day**
Tour.

A World Heritage Site: Visit the maximum security prison, including the cell that housed **Nelson Mandela**.

The three and a half hour tour departs from the Nelson Mandela Gateway at the V & A Clock Tower.

Departure Times: **9.00am., 11.00am. and 1.00pm.** daily, **weather permitting.**

At the V & A - as Locals Call It - visitors can experience a World Class Retail and Entertainment Precinct.

